

1 Day Emergency First Aid at Work

Syllabus

Role of the First Aider including

Health and Safety (First Aid) Regs
Incident Management
Priorities of First Aid

Treatment of Unconscious Person

Cardio Pulmonary Resuscitation (CPR)

First Aid treatment for a casualty who is

Wounded and bleeding

Suffering from shock

Choking

Having a suspected heart attack/seizure

Suffering from a minor injury (including small cuts and bruises, minor burns and scalds)

Cost:

£70 plus vat per person on our premises (includes lunch)

£60 plus vat per person on your premises * (subject to min of 6)

*a suitable room large enough to accommodate students lying on the floor for practical sessions must be provided.

Each candidate will receive a certificate of attendance (valid for three years) and a relevant First Aid reference book

Dates for courses on our premises 2010:

17 Sept

08 Oct

26 Oct

23 Nov

14 Dec

On site courses can be run at your convenience.