

## **2 Day First Aid at Work Requalification**

We can offer this requalification to all First Aiders holding the full First Aid at Work certificate regardless of where they first trained, as long as their certificate is current or within 28 days of expiry.

### **Syllabus**

Role of the First Aider including  
Health and Safety (First Aid) Regs  
Incident Management  
Priorities of First Aid  
Treatment of Unconscious Person  
Cardio Pulmonary Resuscitation (CPR)  
First Aid treatment for:  
Wounds and bleeding  
Shock  
Choking  
Suspected heart attack/seizure  
Minor injury (including small cuts and bruises, minor burns and scalds)  
Poisoning  
Fractures  
Asthma  
Severe allergic reaction  
Eye injuries  
Burns and Scalds  
Low blood sugar  
Fainting

### **Cost:**

£140 plus vat per person on our premises includes lunch  
£120 plus vat per person on your premises \*(subject to a min of 6)  
\*a suitable room large enough to accommodate students lying on the floor for practical sessions must be provided

After completing a final assessment successful candidates will receive an HSE Approved certificate valid for three years as well as a relevant First Aid reference book.

### **Dates for courses on our premises 2010**

23 and 24 September  
14 and 15 Oct  
30 Nov and 1 Dec  
9 and 10 Dec

On site courses can be run at your convenience.