

3 Day First Aid at Work Course

Syllabus

Role of the First Aider including
Health and Safety (First Aid) Regs
Incident Management
Priorities of First Aid
Treatment of Unconscious Person
Cardio Pulmonary Resuscitation (CPR)
First Aid treatment for:
Wounds and bleeding
Shock
Choking
Suspected heart attack/seizure
Minor injury (including small cuts and bruises, minor burns and scalds)
Poisoning
Fractures
Asthma
Severe allergic reaction
Eye injuries
Burns and Scalds
Low blood sugar
Fainting

Cost:

£220 plus vat per person on our premises includes lunch
£195 plus vat per person on your premises *(subject to a min of 6)
*a suitable room large enough to accommodate students lying on the floor for practical sessions must be provided

After completing a final assessment successful candidates will receive an HSE Approved certificate valid for three years as well as a relevant First Aid reference book.

Dates for courses on our premises 2010:

28,29 and 30 Sept
21,22 and 25 Oct
25, 26 and 29 Nov
16,17 and 20 Dec

On site courses can be run at your convenience.