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## CONFERENCE ROOM

OUR newly refurbished Conference Room is now available for booking. It can hold up to 30 people (theatre style) or 15 for courses and meetings. For full details, visit the Safety Centre website at [www.safetycentre.co.uk](http://www.safetycentre.co.uk)

## OUR NEW TRUSTEE

THE Safety Centre's Board of Trustees welcomes Chief Superintendent Nikki Ross, who is the new Thames Valley Police BCU Commander for Milton Keynes.



A NEW "early warning signs" animation has been installed in the Safety Centre's personal safety scenario. Children identify signs such as a faster heartbeat or butterflies in the tummy which occur when your body reacts to an unsafe situation. This is an introduction to the idea that these feelings are warning you that something is not safe.



## New-look fire scenario

THANKS to funding from Buckinghamshire Fire & Rescue Service, we have developed a new fire scenario.

We have updated it to include a "burnt-out room", pictured above, showing the children how a room would look after a fire.

Children are surprised to learn

how quickly a fire can spread and how much damage it can do.

This fire scenario is used to raise awareness of domestic fire safety precautions, including smoke alarms and escape routes, and teaches children what to do in the event of a fire in the home.





**Schools Liaison Officer Val Hall is pictured at the finishing line after receiving her medal.**

**Marathon effort raises £2,000**

SAFETY Centre Schools Liaison Officer Val Hall took part in this year's London Marathon and raised more than £2,000 for charity.

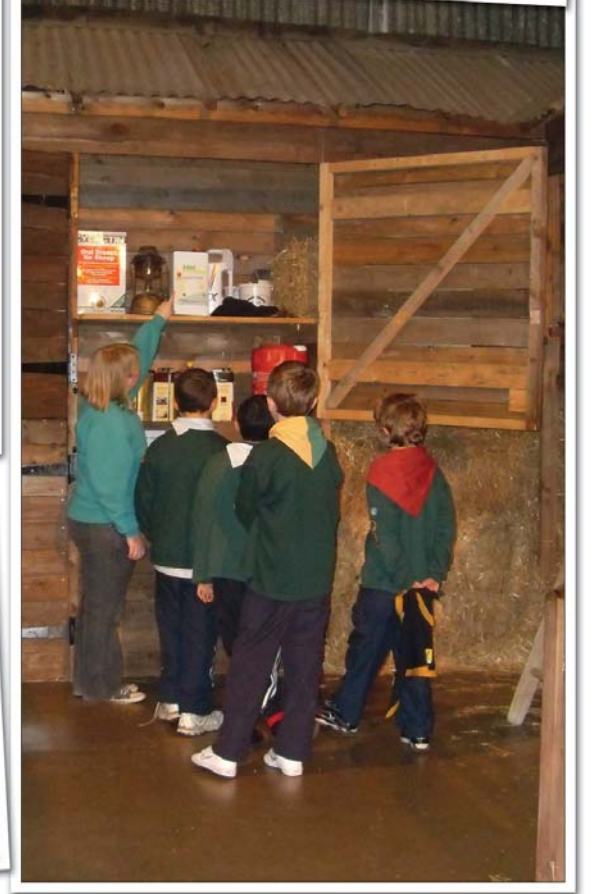
Val, aged 60, who was running in her first marathon, was raising money for The Prostate Cancer Charity.

She completed the 26-mile run in 5 hours 32 minutes.

Val is a member of MK Runners and built up her training by doing a half marathon in Milton Keynes and gradually building up to a 20-mile run after Christmas.

Val said: "The day was very hot but the crowds were amazing. It's the hardest thing I've ever done."

She added: "This was my first and last marathon!"



**As these pictures show, the Safety Centre is adaptable and accessible and welcomes visitors from a variety of organisations.**

## The Safety Centre – it's not just for schools!

THE Safety Centre's visitors come mainly with their schools and enjoy a memorable school trip which is not only educational, but also lots of fun, making the visit a valuable trip.

Over 500 schools a year visit the Safety Centre from Milton Keynes and the surrounding counties.

We also host visits from a variety of other groups, including brownies, cubs, adults with special needs, playschemes, the youth offending team and nursery nurses.

The Safety Centre is extremely adaptable and messages can be pitched at any level above six years old, as long as the groups are roughly the same age. Some children have visited as part of their birthday treat.

We can even hire the Safety Centre out in school holidays for team-building days, training days and other corporate events.

For more information, visit the website at [www.safetycentre.co.uk](http://www.safetycentre.co.uk) or ring **01908 263009**.

# Could you be our next volunteer?

**? What do volunteers do**  
There are 12 scenarios in Hazard Alley, each being visited in turn by a group of up to six children. Every scenario has an important message that is explained by a volunteer guide. Many of the scenarios have an interactive element controlled by the guide, who quickly learns how to make a train leap out of a tunnel or set a house 'on fire'.

**? Why are they needed**  
We need 12 tour guides per session and we rely heavily on volunteers to keep costs to an affordable level.

**? Will I be trained**  
Guides receive training on each scenario and how to get the message across to the children in the most effective way. You will not be asked to take a group of children until you feel confident. Although the



*A quick question-and-answer session to help you decide whether you have what it takes to become a volunteer.*

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safety messages are consistent, every guide develops his or her own presentation style.

**? How much time do I have to commit**  
You need to allow about two-and-a-half hours for each session you work. The majority of visits are during the school day, during term time. Typically a morning session starts at around 9.30am, the afternoon

one around 12.30pm. There are also evening sessions starting at 6.30pm, lasting 90 minutes.

**? Do I need qualifications**  
Anybody over the age of 16 may apply to be a guide. Academic qualifications are not required. What is needed is enthusiasm, lots of patience and a willingness to be trained. Above all, you'll need a sense of humour!

**? What about expenses**  
Hazard Alley will reimburse you for certain expenses – you will be given details at your interview. We'll even measure you up for your Hazard Alley sweatshirt.

**? How do I apply**  
Ring the Safety Centre on **01908 263009** and come and have a look at how it works.

## SAFETY CENTRE OPEN DAY

# FREE!

Sunday 7 August 2011  
10am to 4pm



18 Carters Lane, Kiln Farm, Milton Keynes, MK11 3ES

[www.safetycentre.co.uk](http://www.safetycentre.co.uk)

[info@safetycentre.co.uk](mailto:info@safetycentre.co.uk)

Tel: 01908 263009

Reg Charity No: 1019093

**Attractions include:**  
Thames Valley Police

**Buckinghamshire Fire & Rescue Service**



## Course dates to the end of 2011

### JUNE 2011

- 7-8 First Aid at Work Refresher (two-day course)
- 17 Emergency First Aid at Work (one-day course)
- 20 Fire Wardens (one-day course)
- 23-24 & 27 First Aid at Work (three-day course)
- 28 Fire Safety Managers (one-day course)
- 30 Emergency First Aid at Work

### JULY 2011

- 4-5 First Aid at Work Refresher
- 14-15 & 18 First Aid at Work
- 20 Emergency First Aid at Work

### AUGUST 2011

- 4-5 First Aid at Work Refresher
- 10 Emergency First Aid at Work
- 18-19 & 22 First Aid at Work

### SEPTEMBER 2011

- 6 Fire Wardens
- 8-9 First Aid at Work Refresher
- 16 First Aid at Work (one-day course)
- 20-21 Fire Safety Instructors (one-day course)
- 22-23 & 26 First Aid at Work
- 29-30 Paediatric First Aid (two-day course)

### OCTOBER 2011

- 3-4 First Aid at Work Refresher
- 14 Emergency First Aid at Work
- 18-20 First Aid at Work
- 26 Fire Wardens

### NOVEMBER 2011

- 3-4 First Aid at Work Refresher
- 9 First Aid at Work
- 17-18 Paediatric First Aid
- 24-25 & 28 First Aid at Work
- 29 Fire Wardens

### DECEMBER 2011

- 1-2 First Aid at Work Refresher
- 7 Emergency First Aid at Work
- 8-9 & 12 First Aid at Work



A First Aid course taking place in our conference room.

## Income from courses helps us deliver child safety education

WHY not meet your legal obligations and support a local charity at the same time?

All proceeds from our First Aid training go towards helping us deliver child safety education to around 20,000 children a year. The Safety Centre is HSE approved to deliver the First Aid at Work courses and our Paediatric courses meet the Ofsted requirements for child-minders and the Early Years Foundation Stage framework.

We are also able to deliver courses on your premises which can be tailored to your needs –

prices for on-site courses are discounted for a minimum of six attendees.

Just visit the website at [www.safetycentre.co.uk](http://www.safetycentre.co.uk) or ring **01908 263009** for more details and course availability.

Our tutors are all experienced professionals. We always ask for attendees' views at the end of the course and we would be happy to show you their feedback.

Dates for courses scheduled until December 2011 are on the left and can also be accessed from our website.

**BUCKINGHAMSHIRE Fire & Rescue Service and the Safety Centre are pleased to offer fire training courses throughout the year.**

**Fire safety is an essential requirement for organisations in order to protect staff, visitors or residents and to ensure the integrity of the workplace. It is**

**also a legal obligation under the Regulatory Reform (Fire Safety) Order.**

**Courses are run by experienced fire officers – it makes sense to arrange training with the experts.**

**For details, visit the website at [www.safetycentre.co.uk](http://www.safetycentre.co.uk), ring the Safety Centre on 01908 263009 or email [info@safetycentre.co.uk](mailto:info@safetycentre.co.uk)**



**You can read this edition and all the back editions of Newsflash online or download them from the Safety Centre website at [www.safetycentre.co.uk](http://www.safetycentre.co.uk) Just click on News & Awards and then go to Newsletters.**

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■ We strive to be a "Centre of Excellence for Safety Education". We are a registered charity and rely heavily on volunteers



and donations. The Safety Centre is very much a partnership venture which only works because of the invaluable support from the community as well as a team of dedicated staff.

■ Newsflash is produced by the Safety Centre with help from Buckinghamshire Fire & Rescue Service and Thames Valley Police.